

Results for All Competitors in finish order.

Place	Time	Name	Team	Age	Age	Race
				Category	Grading Percentage	
1	00:15:23	GUILMANT, Josh	Brighton Phoenix	SM	84.33	219
2	00:15:34	PEPPER, Jon	Brighton Phoenix	SM	83.34	217
3	00:15:36	MCNALLY, Finn	Brighton Phoenix	SM	83.16	218
4	00:15:49	BRADFORD, Matt	Team Canter for Sight	SM	82.02	54
5	00:16:20	BRADFORD, David	Team Canter for Sight	SM	79.43	53
6	00:16:22	BURGESS GAMBLE, Richard	Arena 80 AC	SM	80.11	205
7	00:16:57	BRISTOW, Matthew	Brighton & Hove City AC	SM	77.89	117
8	00:17:28	WEBB, Darryl	Burgess Hill Runners	SM	74.27	82
9	00:17:29	GILBERT, Chris	Team Canter for Sight	M40	78.22	112
10	00:17:42	SOUTHAM, Matt	Eastbourne Rovers AC	SM	73.30	199
11	00:17:59	BAKER, Tobias	Team Canter for Sight	M17	72.14	127
12	00:18:00	KENNEDY, Tim	Sale Harriers	SM	72.07	176
13	00:18:16	VELECKY, Alan	Team Canter for Sight	M45	78.30	76
14	00:18:23	WOODGATE, Lee	Team Canter for Sight	M40	74.39	79
15	00:18:27	ANDREWS, Barry	meadsrunners	M40	73.59	6
16	00:18:31	POOL, George	Hastings AC	M13	70.06	89
17	00:18:32	LOWDEN, John	Team Canter for Sight	M55	83.89	71
18	00:18:35	CALLIAFAS, Constantine	Team Canter for Sight	SM	69.81	12
19	00:18:42	JACKSON, Allan	Team Canter for Sight	M45	76.48	67
20	00:19:00	HEYWOOD, Paul	Seaford Striders RC	SM	68.28	216
21	00:19:01	EMANS, Greg	Team Canter for Sight	SM	68.47	129
22	00:19:02	OPPE, Daniel	Lingfield RC	SM	68.16	188
23	00:19:03	BARAZZUOL, Laura	Team Canter for Sight	SF	75.56	103
24	00:19:06	ROLLINGS, Emma	Arena 80 AC	SF	75.44	182
25	00:19:19	FRY, Sue	Hailsham Harriers	F40	79.55	121
26	00:19:22	DUNCAN, Shane	Team Canter for Sight	SM	67.24	128
27	00:19:25	JACKSON, Sam	Team Canter for Sight	M17	66.82	69
28	00:19:41	HORSFALL TURNER, Andrew	Swansea Aquatics	SM	65.91	91
29	00:19:42	BAKER, Jasper	Team Canter for Sight	M15	65.85	125
30	00:19:45	HARVEY, David		SM	66.38	40
31	00:19:46	LAZATI, Mauro	Lewes AC	M40	68.20	221
32	00:19:46	GASSON, Paul	Arena 80 AC	M60	80.11	203
33	00:20:00	HOMEWOOD, Mat	Team Canter for Sight	M40	68.88	62
34	00:20:03	LOWRY-SMITH, Steven	Haywards Heath Harriers	M45	71.89	97
35	00:20:08	KENNEDY, Peter	Lewes AC	M60	81.01	148
36	00:20:10	DAVIS, Richard	Eastbourne Rovers AC	SM	64.33	215
37	00:20:12	NEWMAN, Alan	Paddock Wood AC	M60	79.16	19
38	00:20:12	BAKER, Stuart	Team Canter for Sight	M45	69.73	126
39	00:20:16	JONES, Huw	Hailsham Harriers	SM	64.01	9
40	00:20:20	PERRY, James	Blackheath & Bromley Harriers AC	JM	63.80	138
41	00:20:22	SMITH, Maddy	Lewes AC	FC	70.68	212
42	00:20:22	BOBIN, Paul		SM	63.70	25
43	00:20:23	CATCHPOLE, Chris	Team Canter for Sight	SM	63.65	55
44	00:20:32	LUMBER, Liz	Hailsham Harriers	F45	78.82	122
45	00:20:36	KEEP, Lizzie	Team Canter for Sight	SF	69.88	105
46	00:20:37	THOMAS, Simon	Team Canter for Sight	M50	72.21	110
47	00:20:40	PURDYE, Graham	Hailsham Harriers	M55	74.56	172
48	00:20:56	GGUEST, Callum		JM	61.97	213
49	00:20:57	WALTER, Chris		M17	61.93	44
50	00:20:58	CHITTY, Andrew	Team Canter for Sight	M60	75.52	56
51	00:21:07	STOCK, John	Heathfield RRC	M55	73.63	207

Results for All Competitors in finish order.

Place	Time	Name	Team	Age	Age	Race
				Category	Grading Percentage	
52	00:21:07	STANDEN PAYNE, Paul		M40	63.84	204
53	00:21:09	MUSSON, Sally	Tonbridge AC	F60	87.17	15
54	00:21:12	BRADBURY, Andy	Lewes AC	SM	61.19	183
55	00:21:14	FOSTER, David	Team Canter for Sight	M50	68.41	59
56	00:21:22	GRAY, Geoff	Seaford Striders RC	M45	65.42	83
57	00:21:26	BLANFORD, William	Heathfield RRC	M50	68.88	16
58	00:21:26	BARFORD, Teresa		F45	73.54	198
59	00:21:33	ROBERTS, Simon HORSFALL-TURNER,	Lewes AC	M50	69.09	185
60	00:21:36	Ivan	Heathfield RRC	M45	65.71	90
61	00:22:00	LEACH, David	Lewes AC	M55	68.81	177
62	00:22:08	AVEY, Terry	Brighton Phoenix	M60	73.69	42
63	00:22:08	BEGAN, Kevin		M40	61.34	13
64	00:22:08	PERRY, Timothy		SM	58.61	139
65	00:22:09	PERRY, Robert	Blackheath & Bromley Harriers AC	M15	58.57	136
66	00:22:11	FARMER, Diane	Eastbourne Rovers AC	F55	77.96	133
67	00:22:13	OLIVER, Twyford		JM	58.39	169
68	00:22:13	PERRY, Adrian	Blackheath & Bromley Harriers AC	M55	68.14	135
69	00:22:27	LOWRY-SMITH, Adam	Brighton & Hove City AC	M17	57.79	96
70	00:22:30	HOYLE, Helen	Barnet & District AC	F45	71.93	92
71	00:22:33	SMITH, Gary	Heathfield RRC	M45	61.99	179
72	00:22:34	MONSON, Tim	Team Canter for Sight	M50	65.97	108
73	00:22:36	DURRANT, Charlie		M17	57.40	130
74	00:22:40	EMSLEY, Luke		M17	57.24	1
75	00:22:43	DIVALL, Karin	Team Canter for Sight	F50	75.38	57
76	00:22:46	BANKS, Russell		M40	60.07	80
77	00:22:47	LOWRY-SMITH, Ryan	Haywards Heath Harriers	M15	56.94	98
78	00:22:51	MCCREATH, Natalie	Seaford Striders RC	F40	67.81	85
79	00:23:01	STRONG, Harry	Seaford Striders RC	M17	56.36	190
80	00:23:02	BURFIELD, Claire		F35	65.08	155
81	00:23:04	LANE, Jaqui	Hailsham Harriers	F40	65.52	197
82	00:23:17	FOWLER, Kate		F40	66.55	116
83	00:23:19	DEVITT, Russell	Shaftesbury Barnet Harriers	M65	71.39	93
84	00:23:22	WALTER, Ben		M13	55.52	45
85	00:23:26	PEARCE, Michelle	Haywards Heath Harriers	F35	61.97	95
86	00:23:28	NOTTIDGE, David	Lingfield RC	M55	66.26	195
87	00:23:29	WHEELER, Mark EDWARDES-EVANS,		SM	55.24	5
88	00:23:44	Luke	Team Canter for Sight	M50	61.21	58
89	00:23:48	LUGG, Christopher	Uckfield Runners	SM	54.71	141
90	00:23:48	JACKSON, Lisa	Team Canter for Sight	F45	66.81	68
91	00:23:50	LINFORD JONES, Dan		SM	54.43	201
92	00:23:50	GRAY, Ian		M70	73.90	87
93	00:23:54	MANCO, Alessia		F15	60.23	33
94	00:23:55	JAMES, Sue	Paddock Wood AC	F60	78.89	18
95	00:24:05	BATTEN, James		SM	54.07	180
96	00:24:07	HOWLES, Stephanie		F50	71.01	196
97	00:24:08	PANK, Bob	Lingfield RC	M65	69.74	38
98	00:24:09	KEEP, Catherine		SF	59.61	143
99	00:24:14	BOMFORD, Freddie	Team Canter for Sight	MC	53.54	124
100	00:24:16	WALKER, Ryan	Seaford Striders RC	M45	57.60	86
101	00:24:20	HOSKINS, Andy		SM	53.32	63
102	00:24:26	MILLS, Chris	The Runner Beans	M13	53.10	22

Results for All Competitors in finish order.

Place	Time	Name	Team	Age	Age	Race
				Category	Grading Percentage	
103	00:24:33	CANTON, Phil	Team Creaky	M55	62.21	160
104	00:24:39	LOWDEN, Dominic	Lewes AC	NDB	0.00	189
105	00:24:40	ALKABANI, Feras	Team Canter for Sight	SM	52.59	50
106	00:24:44	WEIR, Graham	Eastbourne Rovers AC	M55	61.75	14
107	00:24:46	HOLLAMBY, Vanessa	Paddock Wood AC	F50	68.48	36
108	00:24:47	LANE, Micheal	Team Canter for Sight	M70	72.91	70
109	00:24:56	HUGHES, Bob	Team Canter for Sight	M65	67.50	65
110	00:24:57	INGRAM, Andrea	Team Canter for Sight	F55	69.31	167
111	00:24:58	SMITH, Paulette	Heathfield RRC	F40	61.55	81
112	00:25:07	PALMER, Adrian	Team Creaky	M55	60.27	161
113	00:25:12	STEWART, Marie	Hailsham Harriers	F40	61.49	173
114	00:25:12	CHITTY, Miranda	East	F45	63.66	142
115	00:25:18	ROSE, Chris		M45	55.25	47
116	00:25:25	STRONG, Andrew		M50	57.15	191
117	00:25:29	WEEBBER, Jackie	Seaford Striders RC	F50	65.91	211
118	00:25:29	HOUSDEN, Ian	Team Canter for Sight	SM	50.91	104
119	00:25:45	WILKES, Peter	The Runner Beans	M65	67.61	29
120	00:25:59	ROSSI, William	The Canterng Courtneys	SM	49.93	164
121	00:26:07	BOBIN, Sally		F35	55.60	43
122	00:26:09	WILSON, Debbie	Team More Mushrooms Vicar	F35	56.41	194
123	00:26:17	FARMER, Nigel		M50	55.72	134
124	00:26:34	MILLS, Robert		M17	48.83	20
125	00:26:40	WU, Yan	Team Canter for Sight	F40	57.62	111
126	00:26:44	KELLOND, David	Eastbourne Rovers AC	SM	48.53	146
127	00:26:46	WONG, June	Team Canter for Sight	F50	63.36	78
128	00:26:49	HAFFENDEN, Tim	Team More Mushrooms Vicar	SM	49.92	223
129	00:26:49	WHITE, Hannah	Serpentine RC	F40	57.30	24
130	00:26:51	HOLDSTOCK, Michelle	Haywards Heath Harriers	F35	54.51	153
131	00:27:00	COMPTON, Lisa	LingfieldRC	F55	66.08	171
132	00:27:01	CROSS, Kim		SF	53.28	132
133	00:27:01	KELLOND, Holly	Banbury Harriers	F13	53.28	145
134	00:27:06	PERRY, Karen		F45	59.72	140
135	00:27:07	STOCK, Nicola	Heathfield RRC	F55	65.10	208
136	00:27:12	VOSS, Freya		SF	52.92	202
137	00:27:14	BOMFORD, Amelia	Team Canter for Sight	FC	52.86	123
138	00:27:15	BOMFORD, Simon	Team Canter for Sight	M40	50.55	52
139	00:27:18	WILKES, Dave	Lingfield RC	M65	62.34	35
140	00:27:19	TOMSETT, Callum	Team Canter for Sight	M40	49.35	75
141	00:27:33	WHEELER, Sharon	Crowborough Runners	SF	52.30	224
142	00:27:39	AZIZI, Jennie		F50	61.93	102
143	00:27:54	ROPER, Tom	Seaford Striders RC	M55	56.24	41
144	00:27:55	TARRY, Leo	Dan's Shoes	MC	46.47	100
145	00:27:56	TARRY, Natasha	Dan's Shoes	F40	55.01	101
146	00:27:56	MARTIN-DUFAUR, Michelle		F40	55.95	178
147	00:27:58	STOCK, Rebecca		SF	51.47	206
148	00:28:18	GATES, Eliot		JM	45.84	154
149	00:28:21	COURTNEY, Roger	The Canterng Courtneys	M45	49.31	162
150	00:28:23	KEEP, Christopher		M60	56.34	144
151	00:28:30	MILLER, Matt		M40	48.68	214
152	00:28:30	HARMEN, Elizabeth	Dan's Shoes	F35	50.95	209
153	00:28:34	BLANFORD, Fleur	Heathfield RRC	F50	58.80	17

Results for All Competitors in finish order.

Place	Time	Name	Team	Age	Age	Race
				Category	Grading Percentage	
154	00:28:36	OADES, Matthew	Team Canter for Sight	SM	45.36	72
155	00:28:42	RADANOV, George		SM	46.64	30
156	00:28:42	TIER, Georgie		F50	57.43	170
157	00:28:56	COURTNEY, Charlotte	The Canterng Courtneys	SF	49.75	163
158	00:29:01	PHILLIPS, John		M60	56.21	94
159	00:29:15	MILLS, Frances	The Runner Beans	F45	55.33	21
160	00:29:18	KAUFMANN, Barney	Team More Mushrooms Vicar	M45	48.07	226
161	00:29:20	SOUDAIN, Adrienne	Lewes AC	F40	52.38	200
162	00:29:29	BUCKLEY, Rhian		F35	49.64	113
163	00:29:40	APPS, Leonard		M50	49.36	192
164	00:30:12	CANTON, Alyson	Team Creaky	F45	54.08	159
165	00:30:23	PARRIS, Karen		F40	51.00	26
166	00:30:25	TOWNSLEY, James		M55	50.66	31
167	00:30:39	OCKENDEN, Roger	Arena 80 AC	M65	54.91	99
168	00:30:44	MANCO, Laura		F45	53.14	32
169	00:30:44	MANCO, Christina	Seaford Striders RC	FC	46.84	220
170	00:31:26	HINKS, Andy	Team Lard	SM	41.27	4
171	00:31:26	STRINGER, James	Team Lard	SM	42.00	8
172	00:31:26	BEARD, Natasha	Lingfield RC	F35	47.31	150
173	00:31:38	BEARD, Daniel		MC	41.01	151
174	00:31:39	SLAATER, Aalison	Lingfield RC	F50	52.57	184
175	00:32:08	KEEP, Pauline	Team Canter for Sight	F55	54.37	106
176	00:32:16	HOBDEN, Sara	Team Canter for Sight	F50	51.08	61
177	00:32:16	COOK, Patricia	Lewes AC	F55	55.30	225
178	00:33:13	WILLMONT, Lynda	Lingfield RC	F45	49.17	187
179	00:33:34	POOL, Ophelia		F17	42.88	174
180	00:33:43	RANDLE, Annabelle		F35	43.75	84
181	00:33:56	DENYER, Jenny	Haywards Heath Harriers	F60	53.71	152
182	00:34:28	ORMEROD, Sheila		F65	56.78	88
183	00:34:45	POOL, Tilly		JF	41.42	175
184	00:34:52	HANNAFORD, Lisa		SF	41.29	131
185	00:35:09	APPS, Matthew		SM	36.91	193
186	00:35:12	THORMAN, Milli		FC	40.89	28
187	00:35:12	CHERRY, Jessica		FC	40.89	157
188	00:35:12	BOROWSKI, Tanya		F45	45.58	27
189	00:35:38	CHERRY, Sally		SF	40.44	156
190	00:36:03	PIKE, Alison		F35	41.58	10
191	00:36:54	BAILEY, Fran		F35	39.98	222
192	00:38:35	GOULD, Daniel	Team Canter for Sight	SM	33.62	60
193	00:38:35	JARRETT, Evie		FC	37.31	49
194	00:38:35	PIKE, Jenny		F35	38.54	48
195	00:39:00	VEJDANI, Kiomars	Lingfield RC	M75	48.20	23
196	00:39:21	CROWHURST, Trevor	Lingfield RC	M75	49.24	186
197	00:44:59	CANTON, William		M13	28.84	230
198	00:49:49	DOBBS, David		M70	36.75	168
199	00:56:12	PALMER, Julia		F55	31.41	229
200	00:56:12	ANSAH, Gus		M65	29.95	227
201	01:04:06	AKEHURST, Rosemary		F80	38.91	34
202	01:04:06	COURTNEY, Jeremy		M70	28.94	165

There were 202 finishers in the All Competitors category.