

Provisional Results for All Competitors in finish order.

Place	Time	Name	Team	Age Category	Age Grading	Race No	Race Place
1	0:16:04	GATES, Nigel	Rosemary's Rascals	M50	90.41%	11	1
2	0:16:13	WILLIAMS, Eric	Salford Harriers	M47	87.52%	12	2
3	0:16:49	T'SJOEN, Fred		M27	77.15%	17	3
4	0:17:09	GRAY, Geoff	Seaford Striders	M34	75.65%	20	4
5	0:17:13	QUINT, Jhonny		M27	75.35%	17	5
6		Unregistered Competitor		NDB			6
7	0:17:18	NETL, Lawrence	Lewes	M33	74.99%	4	7
8	0:17:27	NEALE, Andrew	Eastbourne Rovers	M30	74.35%	17	8
9	0:17:31	LOWDEN, John	Crowborough	M47	81.02%	13	9
10	0:17:39	DUNNO, Andrew	Brighton & Hove	M16	73.50%	13	10
11	0:17:40	CORNFORO, Adrian	Utopia Runners	M44	78.51%	2	11
12	0:17:48	EATON, Andrew	Hailsham Harriers	M41	76.28%	19	12
13	0:17:51	HOWARTH, Chris	Hailsham Harriers	M21	72.68%	16	13
14	0:17:52	GASSON, Paul	Arena 80 AC	M49	80.67%	17	14
15	0:17:59	BLACKWELL, Barry	Brighton & Hove	M54	83.48%	9	15
16	0:18:02	STACEY, Paul	Brighton & Hove	M25	71.94%	1	16
17	0:18:03	BROWN, Nicholas	Hastings Road Runners	M46	78.03%	3	17
18	0:18:06	STEPNEY, Daniel	Phoenix AC	M15	71.68%	8	18
19	0:18:12	JOHNSTON, Guy	Hailsham Harriers	M42	75.14%	10	19
20	0:18:22	AVERY, Steve	Hailsham Harriers	M38	72.37%	19	20
21	0:18:28	MORTIMER, Jonathan	Crawley	M43	74.59%	19	21
22	0:18:35	NORTHEY, Charles	St Bedes	M36	70.55%	6	22
23	0:18:36	ATKINS, Simon	South London Harriers	M15	69.75%	17	23
24	0:18:42	COOPE, Sarah	Eastbourne Rovers	F38	79.52%	15	24
25	0:18:43	FRASER, Bill	Hailsham Harriers	M51	78.24%	17	25
26	0:18:47	HART, Graham		M33	69.07%	11	26
27	0:18:54	ARMSTRONG, Julia	Brighton & Hove	F44	82.69%	7	27
28	0:19:09	CROMWELL, Matt	Seaford Striders	M23	67.75%	16	28
29	0:19:10	CLARK, Robert		M41	70.84%	17	29
30	0:19:12	DONOVAN, Richard	Eastbourne Triathletes	M50	75.66%	17	30
31	0:19:15	STREETER, Alan	Hailsham Harriers	M49	74.87%	18	31
32	0:19:20	WATSON, Jim	Arena 80 AC	M33	67.10%	1	32
33	0:19:31	JOHNSTONE, Jason	Senlac Arrows	M30	66.36%	1	33
34	0:19:41	GREENAWAY, Ian	Lindfield	M32	65.91%	1	34
35	0:19:47	SIMPSON, Colin	Phoenix AC	M49	73.16%	1	35
36	0:19:48	LAMBRECHS, Oliver		M14	65.52%	1	36
37	0:19:52	SPARKES, Paul		M47	71.44%		37
38	0:19:56	MATSON, Alistair	Lingfield Running Club	M60	79.44%	1	38
39	0:20:03	NAYLOR, Chris	Arena 80 AC	F48	80.72%		39
40	0:20:05	MCMANUS, Michael	South London Harriers	M14	64.60%	1	40
41	0:20:06	DEPPER, Geoff	Hailsham Harriers	M49	71.71%		41
42	0:20:07	MONSON, Tim	Lewes	M42	67.98%	1	42
43	0:20:08	DAVY, Philip	Lingfield Running Club	M25	64.44%	1	43
44	0:20:21	STANDEN, Peter	Hastings	M62	79.36%		44
45	0:20:21	MATTHEWS, Paul		M25	63.75%		45
46	0:20:22	FLINT, John		M50	71.32%	1	46
47	0:20:23	NOAKES, Martin	Hastings Road Runners	M40	66.13%	1	47
48	0:20:24	CHAPMAN, Graham	Heathfield	M41	66.56%	1	48
49	0:20:25	NAYLOR, Mike	Arena 80 AC	M53	72.92%		49
50	0:20:26	ROBERTS, Simon	Brighton Exceum	M42	66.92%	1	50
51	0:20:27	RUSSELL, Wayne	Wakron Road Runners	M30	63.44%		51
52	0:20:28	ABBOTT, Nigel	Eastbourne AC	M48	69.88%		52
53	0:20:29	HILDER, Ian		M43	67.25%		53
54	0:20:30	DUFF, Martin	Aldershot F & D AC	M59	76.54%		54
55	0:20:31	MILLER, Steph	Hastings Road Runners	F44	76.17%		55
56	0:20:32	BILAL, Kenan	Tennis Club	M30	63.18%		56
57	0:20:40	HOLKHAM, Richard	Brighton Exceum	M49	69.74%		57

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58	0:20:53	WADDINGHAM, Elton		M46	67.44%	2		58
59	0:20:56	FORDHAM, Stuart	Utopia Runners	M33	61.97%			59
60	0:21:00	MILLER, Lee	Hastings Road Runners	M41	66.07%	1		60
61	0:21:01	BOOKER, John	Horsham Joggers	M50	69.12%	1		61
62	0:21:02	LOVERIDGE, Martin		M42	65.02%	1		62
63	0:21:03	WEBB, Carol	Phoenix AC	F45	74.88%	1		63
64	0:21:04	SMITH, Mark		M29	61.58%	1		64
65	0:21:05	TOWERS, Andy	Lewes	M45	66.30%	1		65
66	0:21:06	ROLLINGS, Emma	Phoenix AC	F23	68.22%	2		66
67	0:21:07	MILLS, Haden	Waldron Road Runners	M30	61.44%			67
68	0:21:08	SCHEER, Andrew		M38	62.90%			68
69	0:21:32	BEARD, Matthew	Lingfield Running Club	M31	60.25%	1		69
70	0:21:38	HOUGH, Patrick	Phoenix AC	M9	59.97%	1		70
71	0:21:43	DUNN, John	St Bedes	M31	59.74%			71
72	0:21:50	HOUGH, Chris		M46	64.51%	1		72
73	0:21:54	SHARPLES, Steve	Utopia Runners	M50	66.33%			73
74	0:22:04	STANNARD, Chris	Thomas Turner Drive	M41	61.53%			74
75	0:22:07	OLIVER, Norman	1066 Triathletes	M65	75.26%	1		75
76	0:22:08	BRYAN, Terry	Haywards Heath Harriers	M57	69.62%			76
77	0:22:10	FARMER, Daniel		M32	58.53%			77
78	0:22:16	STREETER, Ben	Halsham Harriers	M21	58.26%	1		78
79	0:22:21	CHICKEN, Julie	Halsham Harriers	F43	69.33%			79
80	0:22:22	D'ALBIAC, Julia		F46	71.09%	1		80
81	0:22:30	GOAD, Paul	Heathfield	M42	60.78%	1		81
82	0:22:31	CLARE-KING, Sioux		F38	66.04%	1		82
83	0:22:32	SMITH, David	Seaford Striders	M44	61.58%	1		83
84	0:22:40	CLARK, Allison		F36	64.57%	1		84
85	0:22:42	UZZELL, Steve	Hastings Road Runners	M56	67.28%	1		85
86	0:22:56	MUZIO, S	Phoenix AC	F30	62.77%			86
87	0:23:01	TURNER, Colin		M54	65.22%			87
88	0:23:02	BARLOW, Jane		F39	65.08%	2		88
89	0:23:03	GLADES, Adam	St Bedes	M14	56.28%			89
90	0:23:12	CURTIS, Hannah	Phoenix AC	F13	62.05%			90
91	0:23:14	WATSON, Alan	Sutton Runners	M46	60.62%			91
92	0:23:15	HERON, John	Rosemary's Rascals	M39	57.57%			92
93	0:23:24	HALLIDAY, Liz	Phoenix AC	F40	64.58%	1		93
94	0:23:24	LITTLEHALES, Michael	Tennis Club	M50	62.08%			94
95	0:23:25	BARNES, Duncan	Lewes	M30	55.40%	1		95
96	0:23:26	POLE, Richard	Dulwich Runners	M46	60.11%			96
97	0:23:28	CHERRY, Andrew	Lewes	M33	55.28%	1		97
98	0:23:30	CASTRO, Edward	St Bedes	M14	55.21%			98
99	0:23:31	WEBB, Stephen	Phoenix AC	M46	59.89%	1		99
100	0:23:48	UNDERWOOD, Gil	Haywards Heath Harriers	F39	62.98%	1		100
101	0:23:49	COOPER, Garry	1066 Triathletes	M39	56.20%	1		101
102	0:23:50	TWIDDY, Jim	Soma	M28	54.43%	2		102
103	0:23:51	WATERS, Marcus		M12	54.40%			103
104	0:23:52	BURNES, Andrew	Thomas Turner Drive	M43	57.72%			104
105	0:23:53	MORRIS, Sally		F33	60.27%	1		105
106	0:23:54	PIKE, Jenny		F27	60.23%			106
107	0:23:54	FOX, Matt	Waldron Road Runners	M31	54.28%			107
108	0:23:55	WATTS, Nicola	Crowborough	F34	60.25%			108
109	0:23:56	HUNTER, Sorrel	Ashford AC	F14	60.15%			109
110	0:23:57	MILLER, Michael		M39	55.89%			110
111	0:23:58	CURTIS, Beth	Phoenix AC	F11	60.06%			111
112	0:23:59	EAMES, Susan	Worthing & District Harriers	F19	60.02%	1		112
113	0:24:00	CLARE, David		M62	67.29%	2		113
114	0:24:01	BROOKE, Phillip		M19	54.02%	1		114
115	0:24:02	MATSON, Natasha	Lingfield Running Club	F27	59.90%	1		115
116	0:24:03	HUNTER, Euan	Ashford AC	M12	53.94%			116
117	0:24:04	BLANFORD, William		M42	56.82%			117

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118	0:24:05	HOLBECH, Neil	Thomas Turner Drive	M43	57.20%	13	118
119	0:24:05	BROWNING, Geoff	Hastings Road Runners	M57	63.98%	113	119
120	0:24:06	NASH, Diana	Hastings Road Runners	F52	69.70%	116	120
121	0:24:07	WARNER, Graham	Utopia Runners	M51	60.72%	40	121
122	0:24:08	MEEKS, Sam		F39	62.11%	51	122
123	0:25:03	EGGLESTONE, Christine	Lingfield Running Club	F54	68.36%	25	123
124	0:25:06	HUNTER, Steve	Ashford AC	M49	57.42%	76	124
125	0:25:14	WATTS, Tony		M39	53.05%	57	125
126	0:25:18	BAKER, Robert		M47	56.10%	55	126
127	0:25:21	DONOVAN, Clare	Eastbourne Triathletes	F50	65.02%	169	127
128	0:25:25	MULDOON, Gary	Phoenix AC	M20	51.04%	199	128
129	0:25:28	WEBB, Cara	Phoenix AC	F23	56.52%	198	129
130	0:25:40	CROWHURST, Trevor		M66	65.58%	36	130
131	0:25:41	BARNHURST, Bronwen		F38	57.90%	35	131
132	0:25:45	DAWSON, Natalie		F32	55.90%	217	132
133	0:25:55	DAIMES, Peter	Hastings Road Runners	M60	61.10%	114	133
134		Unregistered Competitor		NDB			134
135	0:26:01	STANNARD, Julie	Mums on the Run	M38	51.09%	17	135
136	0:26:02	WADDINGHAM, Tom	East Grinstead	M13	49.83%	207	136
137	0:26:03	EATON, Sue	Hailsham Harriers	F56	67.07%	208	137
138	0:26:04	BARNHURST, Gavin		M15	49.77%	61	138
139	0:26:05	BLANFORD, Fleur		F41	58.42%	37	139
140	0:26:41	Unregistered Competitor		NDB			140
141	0:26:29	TAPP, Richard	Burgess Hill	M57	58.19%	167	141
142	0:26:30	WALKER, Max	Gate House	M8	48.96%	1	142
143	0:26:31	WALKER, Jonathan	Gate House	M46	53.12%	4	143
144	0:26:35	SYMS, David		M56	57.45%	151	144
145	0:26:36	BLACKWELL, Jacky	Brighton & Hove	F47	60.31%	97	145
146	0:26:37	DONOHUE, Theresa	Lindfield	F36	54.99%	149	146
147	0:26:38	FRANKLIN, David		M50	54.54%	139	147
148	0:27:00	WELLS, Elizabeth	Utopia Runners	F11	53.31%	125	148
149		Unregistered Competitor		NDB			149
150	0:27:23	WASHINGTON, Cynthia		F46	58.07%	50	150
151	0:27:32	HUDSON, Sue	Phoenix AC	F48	58.78%	147	151
152	0:27:46	RIMMINGTON, Hannah	St Bedes	F14	51.84%	67	152
153	0:27:47	HUNTER, Sirlol	Ashford AC	M44	49.94%	77	153
154	0:27:51	MCGOWAN, John		M36	47.08%	163	154
155	0:27:58	ALSOP, Tony	Hailsham Harriers	M52	52.79%	31	155
156	0:28:07	LAHOOD, Alex		M35	46.31%	27	156
157	0:28:09	WILLIAMS, James	Hastings Road Runners	M58	55.23%	127	157
158	0:28:20	SMITH, Alyson	Hailsham Harriers	F42	54.23%	33	158
159	0:28:24	BURNS, Wendy	Mums on the Run	F42	54.11%	19	159
160	0:28:35	BROWN, Adrian		M43	48.19%	157	160
161		Unregistered Competitor		NDB			161
162	0:28:57	SAVAGE, Philip	Phoenix AC	M64	56.91%	41	162
163	0:29:00	HILL, Steve	Lingfield Running Club	M71	61.51%	168	163
164	0:29:04	CHANT, Doug	Hailsham Harriers	M44	47.74%	4	164
165	0:29:05	MCHANAMRA, Sue	Hailsham Harriers	F41	52.39%	47	165
166	0:29:06	MILLS, Frances	Mothers Union	F37	50.69%	13	166
167	0:29:17	GATWARD, Stefan	Tunbridge Wells Harriers	M56	52.15%	109	167
168	0:29:18	ALSOP, Elaine	Hailsham Harriers	F48	55.24%	37	168
169	0:29:26	TURNER, Vickey		F30	48.91%	4	169
170		Unregistered Competitor		NDB			170
171	0:29:39	HARDEN, Alexis		F29	48.55%	19	171
172	0:29:40	NELSON, Helen	Mothers Union	F36	49.34%	11	172
173	0:29:57	WATERS, Helen	Mums on the Run	F13	51.74%	1	173
174	0:29:59	UNDERWOOD, Pauls	Mothers Union	M34	43.27%	15	174
175	0:30:03	AHLERS, Sally		F44	52.01%	7	175
176	0:30:24	WINTON, Margaret	Hailsham Harriers	F54	56.33%	4	176
177	0:30:34	MONTGOMERY, Alice		F13	47.09%	19	177

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178	0:30:34	MONTGOMERY, Simon		M49	47.15%	18	178
179	0:30:41	BUSIX, John		M51	47.73%	5	179
180	0:30:51	BARNHURST, Aimee		F13	46.66%	7	180
181	0:30:52	THOMPSON, Dennis	Haywards Heath Harriers	M75	60.90%	1	181
182	0:31:24	TOHER, Mary	Midletow(Ireland)	F45	50.64%	21	182
183	0:31:43	SHOOTER-CHEEK, Julie		F39	47.26%	14	183
184	0:31:45	YOUNG, William	Seaford Striders	M67	53.60%	1	184
185	0:32:36	SKILTON, Philip	Heathfield	M56	46.85%	20	185
186	0:32:36	SKILTON, Kristina	Heathfield	F21	44.16%	20	186
187	0:32:59	LITTLEHALES, Maggie	Tennis Club	F44	47.38%		187
188	0:33:12	WICKENS, Janet	Utopia Runners	F49	49.19%	5	188
189	0:33:16	WALKER, Beatrice	Gate House	F11	43.27%		189
190	0:33:43	JONES, Mark		M34	38.48%	5	190
191	0:38:22	AHLERS, Emily		F14	37.52%	5	191
192	0:39:45	FORSTER, Denise	Seaford Striders	F50	41.46%	4	192
193	0:39:45	CROHURST, Maureen	Seaford Striders	F44	39.32%	11	193
194	0:57:10	AKEHURST, Rosemary	Rosemary's Rascals	F70	36.11%	10	194
195	0:57:11	PUGH, John		M51	25.61%	17	195
196	0:57:12	PUGH, Christine		F51	29.09%	17	196

There were 196 finishers in the All Competitors category.